

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: AZK

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Van Eetvelde Kasper

Coaches: Lenders Maartje HEADCOACH

Coaches: Bes Hannes

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 14:05
Heat: 6/30 Lane : 2 Athlete: JOOSEN CIS			Q-time: 00:38:51
PB (25m pool): 00:38.51 Hoogstraten 28/09/2025			PB (50m pool): 00:38.35 SB: 00:38.51 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:38.51	
		00:38.51	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:05
Heat: 7/30 Lane : 2 Athlete: CLAESSENS VIC			Q-time: 00:38:05
PB (25m pool): 00:38.05 Herentals 17/05/2025			PB (50m pool): 00:36.30 SB: 00:38.18 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:38.05	
		00:38.05	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:15, starttime: 14:15
Heat: 15/30 Lane : 6 Athlete: VAN LOON WIES			Q-time: 00:32:14
PB (25m pool): 00:32.14 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:32.55 SB: no time
	2 5 M	5 0 M	
PB		00:32.14	
		00:32.14	
			

Coach feedback:

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Event number: 19: 50M BUTTERFLY MEN 11+			Heat:20, starttime: 14:20
Heat: 20/30 Lane : 3 Athlete: JORISSEN QUINTEN			Q-time: 00:29:65
PB (25m pool): 00:28.69 Kalmthout 08/02/2026			PB (50m pool): 00:33.06 SB: 00:28.69 Kalmthout 08/02/2026
	2 5 M	5 0 M	
PB		00:28.69	
		00:28.69	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 14:40
Heat: 13/35 Lane : 4 Athlete: VAN GINNEKEN MARIT			Q-time: 00:45:47
PB (25m pool): 00:45.47 Herentals 17/05/2025			PB (50m pool): 00:48.97 SB: no time
	2 5 M	5 0 M	
PB		00:45.47	
		00:45.47	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:18, starttime: 14:50
Heat: 18/35 Lane : 5 Athlete: MAVRIQI ARRITA			Q-time: 00:42:99
PB (25m pool): 00:42.99 Antwerpen 12/10/2025			PB (50m pool): 00:45.11 SB: 00:42.99 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:42.99	
		00:42.99	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:18, starttime: 14:50
Heat: 18/35 Lane : 6 Athlete: VAN LOOVEREN ASTER			Q-time: 00:43:18
PB (25m pool): 00:46.24 Kalmthout 25/02/2024			PB (50m pool): 00:43.23 SB: no time
	2 5 M	5 0 M	
PB		00:46.24	
		00:46.24	
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:21, starttime: 14:50
Heat: 21/35 Lane : 2 Athlete: AERNOUTS ROOS				Q-time: 00:41:09
PB (25m pool): 00:40.22 Geel 19/02/2023				PB (50m pool): 00:41.67 SB: no time
	2 5 M	5 0 M		
PB		00:40.22		
	00:40.22			
				

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:25, starttime: 14:55
Heat: 25/35 Lane : 2 Athlete: LAZEROMS SIEN				Q-time: 00:39:91
PB (25m pool): 00:38.59 Kalmthout 08/02/2026				PB (50m pool): 00:42.45 SB: 00:38.59 Kalmthout 08/02/2026
	2 5 M	5 0 M		
PB		00:38.59		
	00:38.59			
				

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:25, starttime: 14:55
Heat: 25/35 Lane : 6 Athlete: MATTHEEUSEN ELLA				Q-time: 00:39:98
PB (25m pool): 00:39.98 Herentals 17/05/2025				PB (50m pool): 00:41.84 SB: no time
	2 5 M	5 0 M		
PB		00:39.98		
	00:39.98			
				

Coach feedback:

Event number: 21: 100M BACKSTROKE MEN 9-10					Heat:1, starttime: 15:05
Heat: 1/2 Lane : 2 Athlete: VAN LOON SCOUT					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 21: 100M BACKSTROKE MEN 9-10					Heat:2, starttime: 15:10
Heat: 2/2 Lane : 3 Athlete: DELVA SAM					Q-time: 01:31:00
PB (25m pool): 01:31.00 Kapellen 21/12/2025					PB (50m pool): no time SB: 01:31.00 Kapellen 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.19		01:31.00	
	00:45.19		00:45.81		
					

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 9-10					Heat:3, starttime: 15:15
Heat: 3/3 Lane : 2 Athlete: MATTHEEUSEN OLIVIA					Q-time: 01:42:35
PB (25m pool): 01:42.35 Kapellen 21/12/2025					PB (50m pool): no time SB: 01:42.35 Kapellen 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.83		01:42.35	
	00:50.83		00:51.52		
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:8, starttime: 15:30
Heat: 8/29 Lane : 1 Athlete: CLAESSENS VIC					Q-time: 00:40:42
PB (25m pool): 00:39.06 Kalmthout 08/02/2026					PB (50m pool): 00:41.98 SB: 00:39.06 Kalmthout 08/02/2026
	2 5 M	5 0 M			
PB		00:39.06			
	00:39.06				
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:10, starttime: 15:30
Heat: 10/29 Lane : 1 Athlete: JOOSEN CIS					Q-time: 00:38:46
PB (25m pool): 00:38.46 Antwerpen 12/10/2025					PB (50m pool): 00:42.38 SB: 00:38.46 Antwerpen 12/10/2025
	2 5 M	5 0 M			
PB		00:38.46			
	00:38.46				
					

Coach feedback:

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Event number: 23: 50M BACKSTROKE MEN 11+			Heat:18, starttime: 15:40
Heat: 18/29 Lane : 3 Athlete: JORISSEN QUINTEN			Q-time: 00:33:13
PB (25m pool): 00:33.13 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:32.18 SB: no time
	2 5 M	5 0 M	
PB		00:33.13	
		00:33.13	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:20, starttime: 15:45
Heat: 20/29 Lane : 6 Athlete: VAN LOON WIES			Q-time: 00:32:11
PB (25m pool): 00:32.11 Hoogstraten 28/09/2025			PB (50m pool): 00:34.24 SB: 00:32.11 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:32.11	
		00:32.11	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:55
Heat: 2/30 Lane : 2 Athlete: MAVRIQI ARRITA			Q-time: 00:34:25
PB (25m pool): 00:34.25 Antwerpen 12/10/2025			PB (50m pool): 00:33.59 SB: 00:34.25 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:34.25	
		00:34.25	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:05
Heat: 11/30 Lane : 4 Athlete: LAZEROMS SIEN			Q-time: 00:31:54
PB (25m pool): 00:31.54 Antwerpen 12/10/2025			PB (50m pool): 00:32.61 SB: 00:31.54 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:31.54	
		00:31.54	
			

Coach feedback:

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Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:13, starttime: 16:05	
Heat: 13/30 Lane : 3 Athlete: AERNOUTS ROOS				Q-time: 00:31:07	
PB (25m pool): 00:30.68 Stedelijk Zwembad Geel 11/02/2024				PB (50m pool): 00:31.51 SB: 00:31.07 Hoogstraten 28/09/2025	
	2 5 M	5 0 M			
PB		00:30.68			
		00:30.68			
					

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:13, starttime: 16:05	
Heat: 13/30 Lane : 5 Athlete: VAN LOOVEREN ASTER				Q-time: 00:31:18	
PB (25m pool): 00:31.18 Antwerpen 12/10/2025				PB (50m pool): 00:31.06 SB: 00:31.18 Antwerpen 12/10/2025	
	2 5 M	5 0 M			
PB		00:31.18			
		00:31.18			
					

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:15, starttime: 16:10	
Heat: 15/30 Lane : 2 Athlete: VAN GINNEKEN MARIT				Q-time: 00:30:77	
PB (25m pool): 00:30.77 Hoogstraten 28/09/2025				PB (50m pool): 00:30.74 SB: 00:30.77 Hoogstraten 28/09/2025	
	2 5 M	5 0 M			
PB		00:30.77			
		00:30.77			
					

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:16, starttime: 16:10	
Heat: 16/30 Lane : 1 Athlete: MATTHEEUSEN ELLA				Q-time: 00:30:56	
PB (25m pool): 00:30.56 Hoogstraten 28/09/2025				PB (50m pool): 00:31.31 SB: 00:30.56 Hoogstraten 28/09/2025	
	2 5 M	5 0 M			
PB		00:30.56			
		00:30.56			
					

Coach feedback:

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Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:23, starttime: 16:15	
Heat: 23/30 Lane : 2 Athlete: MICHIELSEN JINTHE				Q-time: 00:29:18	
PB (25m pool): 00:29.18 Kalmthout 23/02/2025				PB (50m pool): 00:29.77 SB: 00:29.49 Hoogstraten 28/09/2025	
	2 5 M	5 0 M			
PB		00:29.18			
		00:29.18			
					

Coach feedback:

Event number: 25: 100M MEDLEY MEN 9-10					Heat:1, starttime: 16:20	
Heat: 1/2 Lane : 2 Athlete: VAN LOON SCOUT					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
		no time				
						

Coach feedback:

Event number: 25: 100M MEDLEY MEN 9-10					Heat:2, starttime: 16:25	
Heat: 2/2 Lane : 6 Athlete: DELVA SAM					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
		no time				
						

Coach feedback:

Event number: 26: 100M MEDLEY WOMEN 9-10					Heat:3, starttime: 16:30	
Heat: 3/3 Lane : 1 Athlete: MATTHEEUSEN OLIVIA					Q-time: 01:47:59	
PB (25m pool): 01:47.59 Antwerpen 12/10/2025					PB (50m pool): no time SB: 01:47.59 Antwerpen 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:49.54		01:47.59		
		00:49.54		00:58.05		
						

Coach feedback: